

### Dynamic Cupping and Massage

Stay current with this high-demand modality using a tool that is highly effective. Be proficient with using silicone cups while learning new kinetic, Thai based techniques.

**NHPC** 15   **RMTA** 12   **MTAA** 7 Sec   **CRMTA** 14   **MTAS** 13.5 Pr   **MTAM** 13 Pr   **NCBTM** 14

Dates	Fee Early/Regular	Location
Sat – Sun <b>Sep 30 – Oct 1</b> 9am – 5pm	<b>\$569</b> or \$685 after Sep 23	<b>Edmonton</b>
Tue – Wed <b>Oct 10–11</b> 9am – 5pm	<b>\$495</b> or \$639 after Oct 3	<b>Calgary</b>
Mon – Tue <b>Oct 23–24</b> 9am – 5pm	<b>\$569</b> or \$685 after Oct 16	<b>Lethbridge</b>
Wed – Thu <b>Nov 8–9</b> 9am – 5pm	<b>\$495</b> or \$639 after Oct 24	<b>Calgary</b>
Sat – Sun <b>Nov 18–19</b> 9am – 5pm	<b>\$569</b> or \$685 after Nov 11	<b>Edmonton</b>
Sat – Sun <b>Dec 9–10</b> 9am – 5pm	<b>\$495</b> or \$639 after Dec 2	<b>Calgary</b>

### Dynamic Cupping and Massage Part 2

Solidify your practice as a Dynamic Cupping and Massage Therapist.

**NHPC** 5   **RMTA** 7   **MTAA** 3.5 Sec   **CRMTA** 7   **MTAS** TBA

Dates	Fee Early/Regular	Location
Mon <b>Dec 11</b> 9am – 5pm	<b>\$349</b> or \$419 after Dec 3	<b>Calgary</b>

### Mindful Meditation Massage

Bring mindfulness to your massage practice to let your clients mind and body unwind and release.

TBA

Dates	Fee Early/Regular	Location
Sat – Sun <b>Feb 3–4, 2018</b> 9am – 5pm	<b>\$495</b> or \$639 after Jan 27	<b>Calgary</b>

### Shiatsu for Health Practitioners - Level 1

Learn effortless techniques that allow for increase pressure depth, which your clients often crave.

**NHPC** 15   **RMTA** 12   **CRMTA** 17

Dates	Fee Early/Regular	Location
Fri <b>Apr 20, 2018</b> 6pm – 9pm	<b>\$569</b> or \$685 after Apr 13	<b>Calgary</b>
Sat – Sun <b>Apr 21–22, 2018</b> 9am – 5pm		

### Intraoral TMJ with Precision Level 1

Offer a new and specialized service to your clients. Learn with confidence intraoral anatomy location, palpation and treatment.

**CRMTA** 7    **MTAS** 7 Pr    **NHPC** 5    **MTAA** 7 Pr    **RMTA** 7

Dates			Fee Early/Regular	Location
Fri	<b>Aug 18</b>	9am – 5pm	<b>\$349</b>	<b>Edmonton</b>
Tue	<b>Sep 26</b>	9am – 5pm	<b>\$249</b> or \$319 after Sep 19	<b>Calgary</b>
Fri	<b>Nov 24</b>	9am – 5pm	<b>\$285</b> or \$349 after Nov 17	<b>Edmonton</b>

### Intraoral TMJ with Precision Level 2

Take your TMJ Intraoral techniques to the next level.

**CRMTA** 7    **NHPC** 5    **MTAA** Application sent    **RMTA** Application sent    **MTAS** TBA

Dates			Fee Early/Regular	Location
Sun	<b>Oct 22</b>	9am – 5pm	<b>\$349</b> or \$419 after Oct 15	<b>Calgary</b>

### Fascial Decompression

The instructor of the course Denny Paccagnan created “Fascial Decompression Course” inspired by John F. Barnes, international lecturer and Denny’s infinite experience with treating clients.

**NHPC** 10    **MTAA** 15 (primary)    **RMTA** 12    **CRMTA** 14    **MTAS** 14.5 (primary)

Dates			Fee Early/Regular	Location
Fri – Sat	<b>May 4–5, 2018</b>	9am – 5pm	<b>\$597</b> or \$719 after Apr 27	<b>Calgary</b>

## Transforming Pain with Neuroplasticity

Explore the fascinating relationships between neuroplasticity and chronic pain.

**NHPC** 5    **RMTA** 3.5    **MTAA** 3.5 Sec    **CRMTA** 7

Dates			Fee Early/Regular	Location
Sun	<b>Sep 24</b>	9am – 5pm	<b>\$249</b> or \$319 after Sep 17	<b>Calgary</b>

## Self Care with Critical Alignment

Create movement with decompression that builds strength and coordination of your postural muscles.

**NHPC** 5    **RMTA** 3    **MTAA** 3    **CRMTA** 3

Dates			Fee Early/Regular	Location
Wed	<b>Sep 27</b>	1:30 pm – 4:30 pm	<b>\$119</b> or \$149 after Sep 20	<b>Calgary</b>

## Holistic Nutrition for Musculoskeletal Conditions

Poor digestion is a root cause of disease. Inflammatory conditions and obesity can result from slow and incomplete digestion.

**NHPC** 5    **RMTA** 2    **MTAA** 4    **CRMTA** 4    **MTAS** 3.5

Dates			Fee Early/Regular	Location
Sun	<b>Sep 17</b>	1pm – 5pm	<b>\$119</b> or \$149 after Sep 10	<b>Calgary</b>
Sun	<b>Oct 15</b>	1pm – 5pm	<b>\$119</b> or \$149 after Oct 8	<b>Red Deer</b>

## Holistic Nutrition for Digestion

Poor digestion is a root cause of disease. Inflammatory conditions and obesity can result from slow and incomplete digestion.

**NHPC** 5    **RMTA** 1    **MTAA** 4    **CRMTA** 4

Dates			Fee Early/Regular	Location
Sun	<b>Nov 19</b>	1:30 pm – 5:30 pm	<b>\$119</b> or \$149 after Nov 12	<b>Calgary</b>

### Certification Program - Advanced Orthopedic Massage

Provide the corrective care that brings recovery. This is muscle therapy that will rise your practice to the next level.

(per course) **NHPC** **RMTA** **MTAA** **MTAS** **MTAM** **CR**  
 5 4 4 4 4 4

Dates			Fee Early/Regular	Location
Mon	<b>Sep 11 – Oct 23</b>	8:30 am – 5:30 pm	<b>\$997</b> or \$1,575 after Sep 4	<b>Calgary</b>
Fri – Sun	<b>Oct 13 – Nov 26</b>	1:30 pm – 5:30 pm	<b>\$1,099</b> or \$1,575 after Sep 28	<b>Edmonton</b>
Thu – Mon	<b>Nov 2–6</b>	8:30 am – 5:30 pm	<b>\$997</b> or \$1,575 after Oct 19	<b>Calgary</b>

### Introduction to OM

Rise above to provide the best treatment your clients crave. Provide the corrective care that brings recovery. This is muscle therapy that will raise your practice to the next level.

**NHPC** **RMTA** **MTAA** **CRMTA**  
 5 4 Application Sent 4

Dates			Fee Early/Regular	Location
Fri	<b>Oct 13</b>	1:30 pm – 5:30 pm	<b>\$145</b> or \$175 after Oct 6	<b>Edmonton</b>
Mon	<b>Sep 11</b>	8:30 am – 12:30 pm	<b>\$127</b> or \$157 after Sep 3	<b>Calgary</b>
Thu	<b>Nov 2</b>	8:30 am – 12:30 pm	<b>\$127</b> or \$157 after Oct 27	<b>Calgary</b>

### Advanced OM of the Forearm, Wrist and Hand

There is a prevalence of overuse injuries and fractures, ailments are magnified in this intricate area. With the addition and dependency of electronic devices, everyone is in need of a therapeutic treatment.

**NHPC** **RMTA** **MTAA** **MTAS** **MTAM** **CRMTA**  
 5 4 4 4 4 4

Dates			Fee Early/Regular	Location
Sun	<b>Nov 19</b>	8:30 am – 12:30 pm	<b>\$145</b> or \$175 after Nov 5	<b>Grande Prairie</b>

### Advanced OM of Forearm, Wrist and Hand (Prerequisite required)

Dates			Fee Early/Regular	Location
Mon	Sep 11	1:30 pm – 5:30 pm	\$145 or \$175 after Sep 4	Calgary

There is a prevalence of overuse injuries and fractures, ailments are magnified in this intricate area. With the addition and dependency of electronic devices, everyone is in need of a therapeutic treatment.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM
5	4	4	4	4	4

### Advanced OM of the Anterior Neck (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Sep 18	8:30 am – 12:30 pm	\$145 or \$175 after Sep 11	Calgary

Be confident to work safely and effectively around vulnerable structures. Eliminate the compression that restricts mobility.

NHPC	RMTA	MTAA	MTAS	MTAM	CRMTA	NCBTMB
5	4	4	4	4	4	4

### Advanced OM of the Posterior Neck (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Sep 18	1:30 pm – 5:30 pm	\$145 or \$175 after Sep 11	Calgary

Release the load that burdens your clients.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM	NCBTMB
5	4	4	4	4	4	4

### Advanced OM of the Chest and Anterior Shoulder (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Sep 25	8:30 am – 12:30 pm	\$145 or \$175 after Sep 18	Calgary

Collapse posture is becoming the norm. Create lasting opening that affects the entire body.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM	NCBTMB
5	4	4	4	4	4	4

**Prerequisite: Introduction to Orthopedic Massage course or have taken a prior Advanced OM course before Fall 2017**

### Advanced OM of the Rotator Cuff (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Sep 25	1:30 pm – 5:30 pm	\$145 or \$175 after Sep 18	Calgary

Regain the natural fluidity of the shoulder joint.

NHPC	RMTA	MTAA	MTAS	MTAM	CRMTA	NCBTMB
5	4	4	4	4	4	4

### Advanced OM of the Lumbar/SI (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Oct 2	8:30 am – 12:30 pm	\$145 or \$175 after Sep 25	Calgary

Affect the entire body by bringing balance to the connection of the spine and the pelvis.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM	NCBTMB
5	4	4	4	4	4	4

### Advanced OM of the Hip and Thigh (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Oct 2	1:30 pm – 5:30 pm	\$145 or \$175 after Sep 25	Calgary

Give the hip and thigh the attention it deserves. It bears the most load, yet is often under treated.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM	NCBTMB
5	4	4	4	4	4	4

### Advanced OM of the Leg and Foot (Prerequisite Required)

Dates			Fee Early/Regular	Location
Mon	Oct 23	8:30 am – 12:30 pm	\$145 or \$175 after Oct 16	Calgary

Pain, restriction, and imbalances of the leg and foot affect the entire body. Achieve lasting relief with each step your client takes.

NHPC	RMTA	CRMTA	MTAA	MTAS	MTAM	NCBTMB
5	4	4	4	4	4	4

**Prerequisite: Introduction to Orthopedic Massage course or have taken a prior Advanced OM course before Fall 2017**